

Lament 1

Call out to God in Worship

Almighty God we know who you are and what you are capable of. You are God of justice, the alpha and Omega, the beginning, and the end; the creator of all mankind whom you have created in your image. Faithful God, my comforter and healer Bigger than our problems; God you are worthy Lifter of my head, you are my glory Lord you are amazing, the one who made the whole world Lord, we worship You, You are worthy of all praise

Describe the problem

Where are you, God; I am angry with racial injustice and modern-day slavery. The people you have created, are being treated unjustly, unfairly and with prejudice, hatred, and bitterness. Those who persecuting them do not see them as you do and fear is their portion. People are unfair to each other; Feeling excluded; there is favouritism People not loving each other, they are not kind-hearted Anger against people being injustice and systematic racism Change in not happening quick enough, Lord!

Confess and repent of any complicity or connected sin in your own heart or life

We still carry pain that others have caused in our lives. We repent of not seeing the pain that our brothers and sisters carry We repent of the anger we sometimes feel; Help us to view all people equally. We are so sorry for the times where we may have been part of these unfair, unkind and prejudiced beliefs or behaviours, knowingly and unknowingly as individuals or in the presence of others, in words or thoughts or deeds. We are so sorry for times we have judged or looked upon others or group in judgement. According to Psalms 19:12 (Amplified Bible) – Who can understand his errors or omissions? Acquit me of hidden (unconscious, unintended) faults.

Ask Boldly for help

Lord, we know you are a God of justice, and we cry out for justice for those who have been and are being treated this way so they would be accepted, respected, and treated the way you would want. Lord help us to love unconditionally. Break down the barriers between people; For peace and love between everybody Change our mindset; open our heart to see others as God sees them Rescue us and help us Lord, we cried out to you in the past “bless us and change them” but our cry now is “bless them and change us”

Express trust in and praise to God

Lord we trust in You, and we know all will be fine. You Lord are our promise keeper. You are our refuge and our strong tower Thank you for being a God of Justice. We pleased that you heard our cry and thank you that you always hear us.

Amen and Amen!!

Lament 2

Call out to God in Worship

Dear King Jesus, Lord almighty, we worship you, we magnify your name. You are the Alpha and Omega. The beginning and the end. The heavens are yours, and yours also the earth; Righteousness and justice are the foundation of your throne; love and faithfulness go before you.

Describe the problem

We come to you today as one body of Christ Jesus our saviour. Because if one part suffers, every part suffers with it.... We stand together with our brothers and sisters and raise our voices together to you. Lord, we thank you for the series of standing together, it made us realise that any form of injustice is wrong. Many of us never had an opportunity to voice the pain of injustice because we were told to accept it how it was. We were silenced because it was shameful and embarrassing to talk about racial, sexual, emotional, mental and physical abuse. People made us feel that it was our fault to be abused, many of us were told that we deserved to be abused because you were black, poor, not pretty enough, oversized, or female etc. For many years We suffered in silence. We cried behind closed doors and when no one was watching. Some of us are still suffering from PTSD (post-traumatic stress disorder), have flash backs of the wrong that was done to us, others are suffering with depression, anxiety, insomnia, mental disorders etc. We have been very angry, frustrated, confused, hurt, broken, have trust issues and lost confidence and this painful list goes on. However, No one knows the depths of injustice better than you God. Lord, I know acknowledgment will not fix everything but it's a step in the direction of the truth.

Confess and repent of any complicity or connected sin in your own heart or life

Lord, we know that change starts with our own heart, so please search our hearts, Lord, the pain of injustice have cause us to sin. So, Please forgive us Lord, as we forgive those who have sinned against us.

Ask Boldly for help

Lord, help us to be strong in the you and in your mighty power. Help us to Put on your full armour so that we will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places." So I pray against the spirit of racial injustice, bullying, any form of discrimination, child sexual, mental, emotional and physical abuse, knife crime, domestic abuse, Gun violence, unexpected death. Lord, Help us to see people the way you see them - so we may love people the way you love them. Help us to acknowledge wrongs, give us clear minds and hearts to understand the truth behind injustice. May we look at every circumstance through your lens Lord, a lens of truth, love, grace, and mercy. Lord, You are the author of justice Lord, we ask that you would rain down justice in the form of convictions, law changes, police training, transformed mindsets and hearts, and continued racial reconciliation. Help us to look to you and your Word to remind ourselves of what justice should look like. You know what injustice is like God; every sin committed is an injustice against you. Lord help us to fight injustice in the right way, may we always look to you as the solution. Oh Lord, that

there would be more and more hearts transformed by your grace. May this time of injustice produce opportunities for conversation to talk about your grace, mercy, and forgiveness.

Express trust in and praise to God

Lord, we pray for healing, comfort and peace for the broken and hurt hearts. Thank you Lord for the book of Revelation, it brings reassurance that You will wipe every tear from our eyes. And There will be no more death or mourning or crying or pain, for the old order of things will pass away. Thank you Lord, for weeping may stay for the night, but rejoicing comes in the morning. Thank you for the promise that you will create new heavens and a new earth. The former things will not be remembered, nor will they come to mind." Thank you Lord, that in all things You work for the good of those who love you who have been called according to your purpose." Thank you for the promise that you are doing a new thing. Though we do not perceive it. But we know that you are making a way in the wilderness and streams in the wasteland.

Amen

Lament 3

Call out to God in worship

Dear Father, maker of heaven and earth. You are my refuge in the storm, my light in the darkness, my hope in times of despair. With you all things are possible. Lord, you are the King of Kings, Lord of Lords. You knitted us together in the secret place, you made each and every one of us. You put the stars in the sky, and the water in the oceans, yet you know every hair on our heads. Great are You Lord. O Lord, hear my prayer. You are Maker of Heaven and Earth. You are above all things. You are a God of Justice. You are a God of Love And Your love for Your people is great. I praise you God, that you are Lord of all, for your great love for each person. I thank you that you are a God of justice and forgiveness. Lord God, Father, You see all the struggles walked through, you are the One, Whose arms outstretch, lifting up the weary and the broken.

Describe the problem

Why O Lord, do we not learn? Why O Lord do we not see as you see? Why O Lord do we cause pain to each other? Dehumanising and taking away the value of people because they don't fit a certain criteria. Treating people unfairly because of prejudices. Lord, we know Your heart breaks when you hear and see the atrocities and horrors in your world. People, beautiful people, created by You abused, ridiculed, tortured, belittled, called names, spat on, trampled on, not given a chance, not treated fairly or equally, because of the colour of skin. And so much of this justified wrongly in Your name. Identities stolen. Worth taken. Rights removed. The injustice we see before us breaks our hearts, so must break yours too. The hatred, abuse and violation against your people is so unfair. We cannot imagine the trauma, pain or heartache experienced. But we ask for Your help, O God. Injustice and oppression have been masked by those who have turned a blinded eye. So many friends, colleagues, family that have silently carried their hurt.

Confess and repent of any complicity or connected sin in your own heart or life

Help me to change O Lord, to learn from my mistakes. Take the scales from my eyes. Tear down the walls within my heart that I might love without fear. Lord, we have failed so many and still so many are failed every day. A nation built on pride and the colonies of the past. We confess our complacency and ignorance of the suffering of others. So often we hide under the carpet and don't see the sin for what it truly is. We are sorry Lord. I'm sorry for being ignorant to this pain and forgive me if I have been complicit in any way. Please clean my heart and cause me to seek justice so all feel valued and loved. For we are all one people, Your people, Your treasured possession. Lord, if at any time I have been complicit in saying or acting in a way that made anyone feel less valued, I repent of this. For my failings to see pain. When listening to the silence of the silenced without question. The recognition of failures and the part played in keeping this status quo. Sorry Lord.

Ask boldly for help

You alone can heal, O Lord. You bring right where there has been wrong. You give a voice to the voiceless. You lift the downtrodden and remember the forgotten. Lord, help us. It seems so big, so ingrained. Heal those hearts that have been scarred by racial injustice. Heal those bodies that have been bruised by racial injustice. Bring your peace, your peace that passes all understanding. Only you Lord, have the power to change hearts and minds. Bring our nation back to your true heart. Help us O Lord. So we ask God, for Your help. We cry out to You for Your peace, love and justice to reign. Bring healing and restoration to all those hurting. And may we experience true change and an end to racial injustice. May I have an open heart for those who feel not listened to, who have a stigma because of who they are. In the darkness of our failings, let your love shine through. Where suffering and pain has endured, bring restoration and healing. Put your arms around hearts and minds to bring hope. Where there is racial injustice and inequality, help us to stand up, shout up and be the instigator for change.

Express trust in and praise in God

You are the God of grace and we thank you that in you we are not condemned. A loving Father who guides us through, not because You have to but because you love us. In all things we put our trust in You, praising your Holy Name. Your arm is strong to deliver your people O Lord, those who you have chosen. From everlasting to everlasting your character is unchanging. Your love never fails. Though man may wander and fall, your hand is outstretched to lift him up. Praise your mighty hand O Lord. We thank You for You are a Faithful God who hears our prayers. You are Trustworthy You are our Restorer. You are our Healer. Our God of Hope! We keep our eyes fixed on You. Trusting You to bring peace to Your people. We can come boldly to the throne of God, a just, faithful and righteous God. You are the Restorer, the Healer. Worthy of all our praise. You make no discrimination of us but love us all equally. Thank you for that love. We thank you God that you are the Restorer, You are the Healer, You are the Deliverer, You reign. We trust you Lord and pray that your kingdom will come, your will be done. Nothing is impossible for you. We praise you and lift your Holy, Holy name over your world.

In Jesus Name Amen